

Fire and Safety Training Ltd

F&STTM
2023

**Professional
Training
Specialists**



Fire and Safety Training Ltd

☎ 0800 800 108

www.fireandsafetytraining.co.nz

A quick guide to our range of courses and services:

Page:

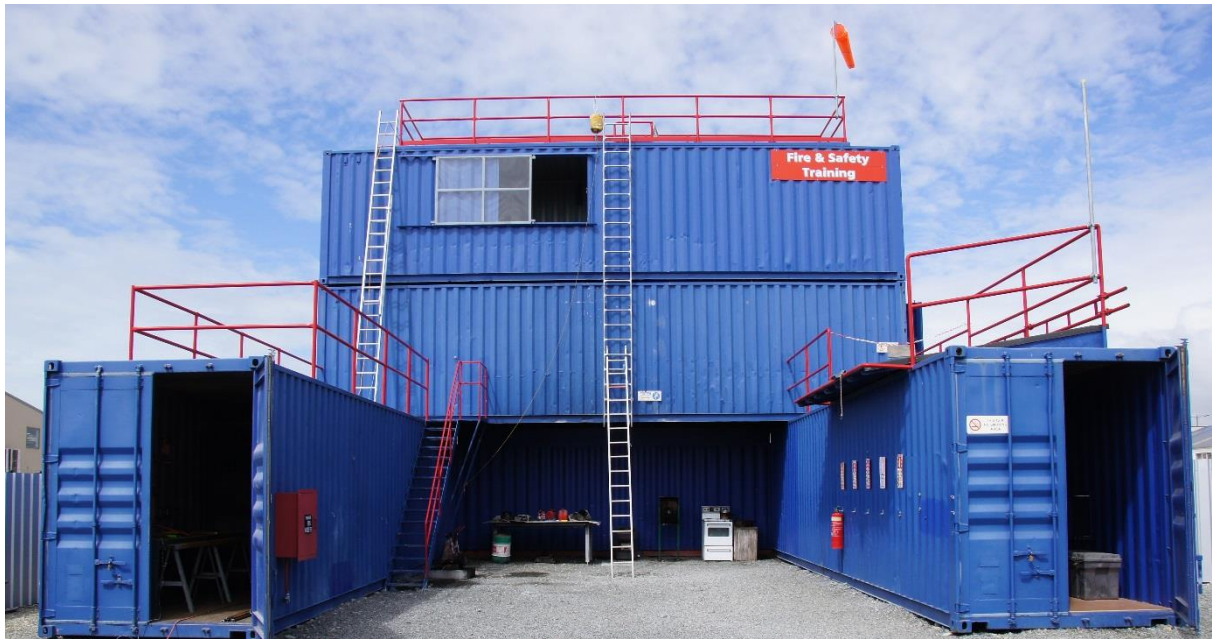
Fire / Evacuation Warden.....	4
Confined Space & Gas Detection.....	5
Working at Height	6
Permit to Work.....	7
Chemical Training.....	8
Health and Safety	9
D G Endorsement	10
EWP Training.....	11
First Aid	12
BA & Gas Suit Training.....	13
F&ST Services	14
F&ST Services	15



Fire & Safety Training Ltd was established in 1998 by Gordon Ireland. We specialise in high quality training and professional services to support health and safety compliance in your workplace.

We train on our purpose designed training ground, or at your place.

We're registered with NZQA who have identified us as a **Category 1 Training Provider**. This is the highest category and means NZQA are highly confident in our educational performance and in our self-assessment. You can be assured of quality training outcomes when you come to us.



South Island: Timaru
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☎ 03 683 9060
Email: admin@fastltd.co.nz

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99 Niven St
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☎ **0800 800 108**

Web: www.fireandsafetytraining.co.nz



Fire / Evacuation Warden

| Fire Extinguishers | Fire Wardens | Small Emergencies in the Workplace

We deliver realistic training for industry and the general public. Come to our well-equipped site, or we'll bring the training and equipment to your site in our purpose-built trailer.

Training is for a minimum of two hours or to Unit Standard level, depending on your requirements.

All extinguishers are supplied.



Courses and standards we deliver and assess include:

18408 *Demonstrate knowledge of fire and emergency warden duties in the workplace*

Every building owner must have an evacuation scheme in place. This course is for newly appointed and existing Evacuation / Fire Wardens. It covers your legal obligations and gives you the knowledge and training to carry out your role effectively.

3271 *Suppress fire with hand extinguishers and fixed hose reels*



This is for all your staff. It covers basic fire science, which extinguisher to use, the correct actions to take and realistic hands-on putting out small fires with extinguishers and fire hose.

This will give your staff confidence for any emergency involving fire.

4647 *Explain principles of fire science.*

This standard covers the basic chemistry and physics of fire science.

16800 *Take action to control small emergency situations in a workplace*

Here we combine other emergencies which occur in the workplace. It provides staff with the skills and confidence to respond safely with the equipment they have at hand.

It includes basic first aid, chemical safety, fires, emergency safety procedures, injury reports, and teamwork.

Supervisors and people in charge of a workplace can do some or all these units to gain comprehensive theoretical and practical training in the evacuation warden role.

Confined Space & Gas Detection

| Gas Detection | Confined Space Entry | Permit to Work

Our confined space and gas detector courses provide the knowledge and practical experience to ensure your staff can work safely entering any confined space and respond appropriately to any practical problems they encounter. Hands-on learning uses Breathing Apparatus sets and the latest MSA gas detectors.

Course information:

We provide an airline system and any other recovery gear you will need.

Our training is NZQA recognised. Courses can be tailored to your company or specific needs.

Trainees learn about:

- Permit notification & implementation requirements
- Controls to eliminate and minimise the risks
- Monitoring & confined space testing requirements
- Responsibilities & duties entering confined spaces
- Responsible observer duties
- Gain knowledge of gas testing & detection
- Planning a confined space entry

We have purpose-built training grounds, or we can train your staff on your site.

Standards assessed include:

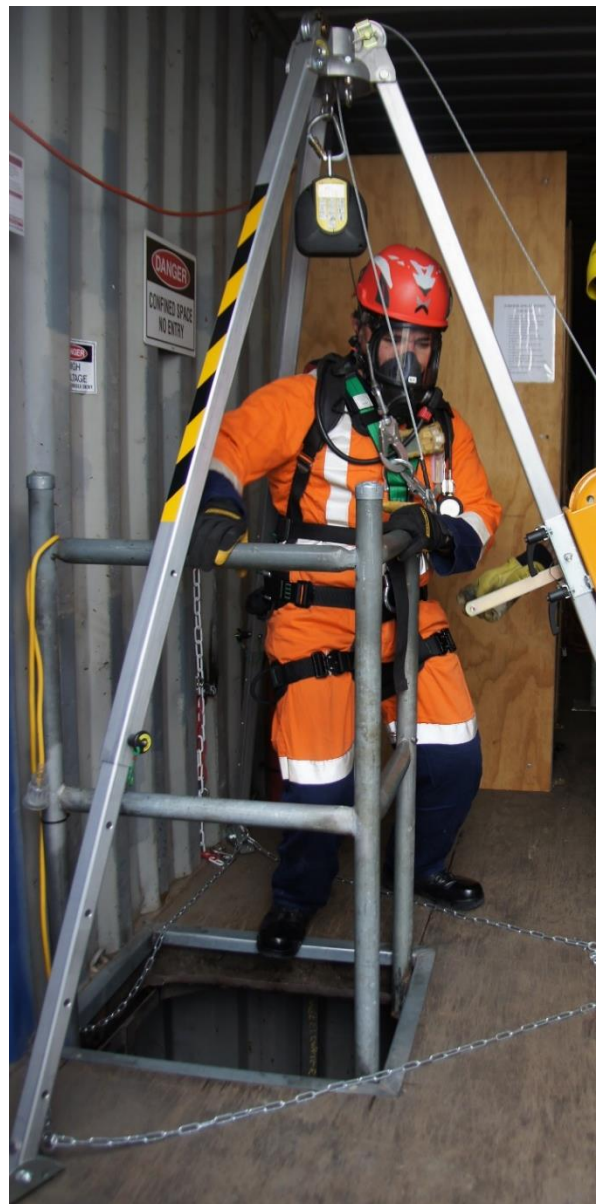
18426 Hazards of a confined space

17599 Plan a confined space entry

3058 Perform gas tests

25510 Operate an atmospheric testing device

19207 Work in a confined space in the infrastructure industry



Courses can be tailored to your needs and other standards delivered or assessed.

Working at Height

Harnesses | Working at Height | Fall Arrest systems

Fire and Safety Training Ltd offer a range of courses for people who work at height in the construction and other industries.

You will be under the guidance of our highly experienced and qualified training instructors whose aim is safe, current and enjoyable height training.

Course Information



Courses cover the theory and practical experience of working at height, employing harnesses and using fall arrest systems.

We follow all Best Practice Guidelines for Working at Height and Rope Access in New Zealand.

Our facilities offer multiple height scenarios that reflect industry practice. Alternatively, we can train on your site.

Standards assessed include:

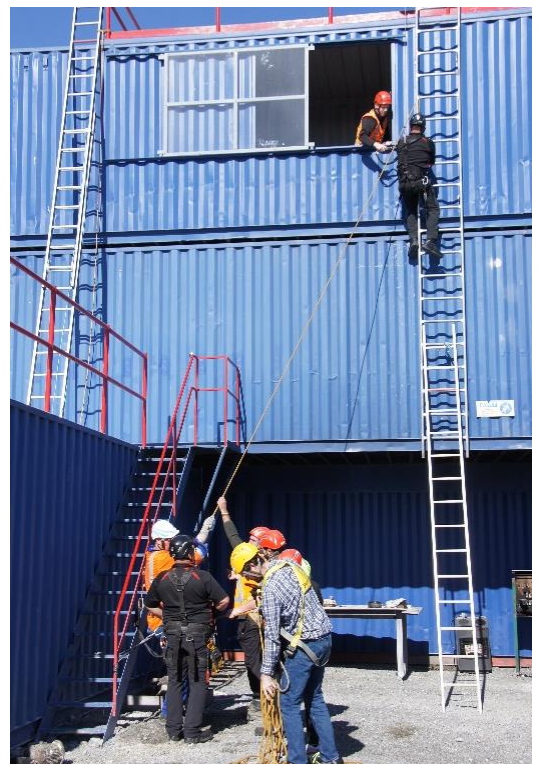
23229 Use a safety harness for fall prevention

15757 Use, install & disestablish fall arrest systems

17600 Explain safe practices for working at heights

25045 Employ height safety equipment in the workplace

19359 Identify, inspect and maintain height safety equipment



Permit to Work

| Permit Application

| Permit Issuing



Fire and Safety Training Ltd offer several courses relating to industry where work is notifiable or a permit to work is required.

You will be under the guidance of our highly experienced and qualified training instructors whose aim is safe, current and enjoyable training.

We have purpose-built training grounds or we can train on your site

Course Information

We provide NZQA recognised training. Courses can be tailored to your company or individual needs.

- Permit notification & implementation requirements
- Completing all documentation necessary for issuing or receiving a permit to work
- Controls to eliminate, isolate, and minimise risk
- Gas testing plus wearing Breathing Apparatus and Gas Suits
- Scenarios that deliver the practical experience of working where a permit is required



Relevant Standards covered include:

17588 Apply for a permit to work

17590 Issue work specific work permits

17602 Hazard ID

17596 Safety Observer

30265 Apply H & S risk assessment to a job role



Chemical Training

| Risks | Hazardous substances | Asbestos | PPE | Spill Kits

The requirements for workplaces that work with **hazardous substances** are outlined in the ***Health and Safety at Work (Hazardous Substances) Regulations 2017***.

Asbestos has its own set of regulations.

- Workplaces must manage the risks associated with the hazardous substances used and stored in the workplace.
- Workers must have and understand the information, training and instruction they need to work safely with hazardous substances
- There must be an emergency response plan if there is a breach or failure in the controls on the hazardous substances



Course information:

We provide the theory and safe practical experience for working with hazardous substances and chemicals. We cover:

- Chemical risks
- Safe practices
- Decanting & Storage
- Labeling
- Gas leaks
- Safety Data Sheets
- Terminology
- Clean up, spill control & spill kits
- Personal Protective Equipment (PPE)
- Level 3 and 4 protection

Standards covered include: (we can focus on the haz subs you use)



31290 Safe management and potential adverse effects of hazardous substances

31291 Hazardous substances relevant to Certified Handlers

31292 Demonstrate knowledge of workplace procedures relating to hazardous substances

31293 Safe handling, storage and disposal of hazardous substances

2138 Working around asbestos for the construction industry

30596 Safe work with asbestos

Health and Safety

| H & Safety Reps | H & Safety Investigation | Risk Assessment |

Effective risk management creates a safer and more productive workplace for you and your team by significantly reducing any likelihood of harm occurring.

Our health and safety related courses provide trainees with the hands-on tools and knowledge to ensure that they, and those they influence, are working safely and complying with the HSWA 2015 and all its regulations.

Specific courses include:

30265 *Apply health and safety risk assessment to a job role.*

This course equips people to understand the principles of health and safety risk assessment and apply these principles to a job role in keeping with industry good practice and the law.

29315 *Describe the role and functions of the Health and Safety representative in a New Zealand workplace.*

This course prepares people to understand and carry out their role and duties as a Health and Safety Rep in a NZ workplace.

17601 *Produce an occupational health and safety incident investigation.*

This course allows people to explain why workplace accidents must be reported and investigated and equips them to use multiple causation and root cause analysis to investigate and report on a workplace incident.

Fire & Safety Training can also provide health and safety advice and consultancy related to all the subject areas covered in this brochure.



D G Endorsement

| Dangerous Goods Licence | 'D' Endorsement

Course information:

This course is for people who carry dangerous goods for hire or reward, or carry more than the minimum amount of dangerous goods for their own business. This includes most courier drivers, truck drivers and many tradespeople.

Candidates attend a one-day training and assessment day. There you will complete a comprehensive assessment and, if successful, gain the certificate necessary to have your license endorsed.

Standard covered:

16718 Demonstrate knowledge of law and practice for the transport of Dangerous Goods by road

Courses are delivered each month in Timaru.
Other times / venues can be negotiated.



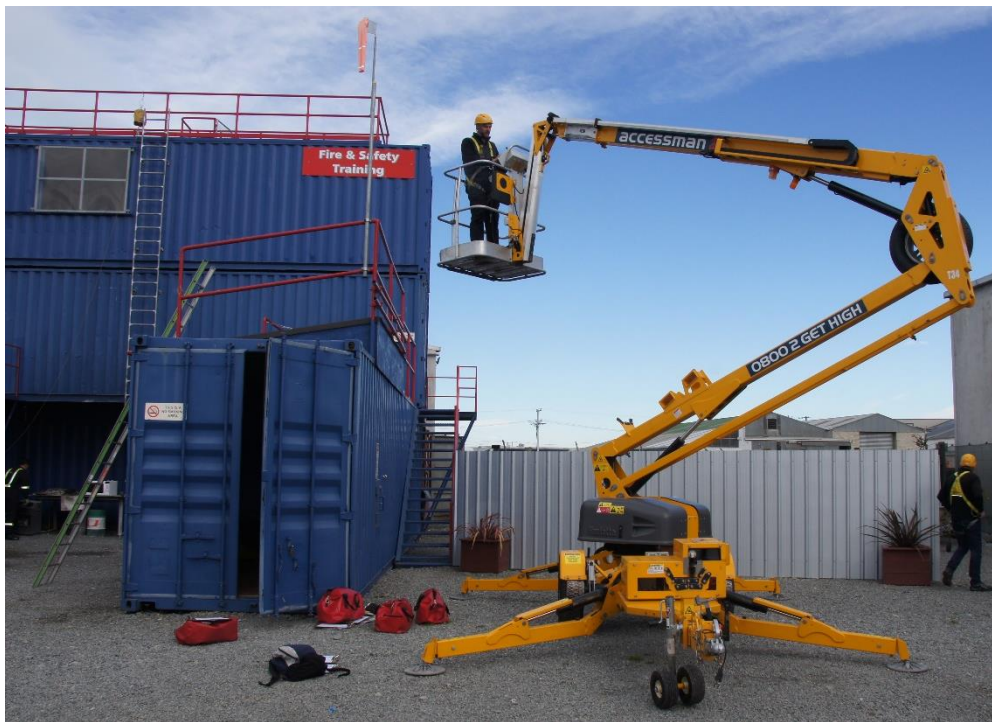
EWP Training

| **Types of EWP** | **Safety Features** | **Practical Training**

If you're using any **Elevated Work Platform**, knowledge of the safety features, hazards and limitations of the machine is essential.

Fire and Safety Training Ltd can provide training in all types of Elevated Work platforms including scissor lifts, truck or trailer mounted EWPs and boom lifts.

Training can be on your site or on F&ST premises. We will tailor sessions to meet your specific needs.



Our training is NZQA unit standard based:

- **23966** Describe types of elevating work platforms (EWPs), and legislative requirements for their use
- **23960** Prepare and operate a Scissor lift
- **23961** Prepare and operate a Truck mounted EWP
- **23962** Prepare and operate a Self-propelled boom lift EWP
- **23963** Prepare and operate a trailer mounted EWP
- **23964** Prepare and operate a vertical lift EWP

First Aid

| Full and Revalidation Courses | Basic Emergency Care

All workers must have access to first aid equipment, facilities and trained first aiders¹. The nature of equipment and facilities, and the number of first aiders will depend upon the size and location of the workplace, the number and composition of the workforce, and the type of work being carried out, including potential hazards.

Workplace first aid focusses on practical hands-on skills and scenarios relating to trauma and medical conditions. It includes the latest emergency care techniques and complies with the most recent New Zealand Resuscitation Council guidelines for Emergency Resuscitation and Cardiac Care and ANZCOR Guidelines

Standards we assess:

We offer full and refresher courses for the following unit standards:

- 6400** Manage first aid in an emergency situation
- 6401** Provide first aid
- 6402** Provide basic life support
- 29321** Provide basic emergency care (pre-hospital care)

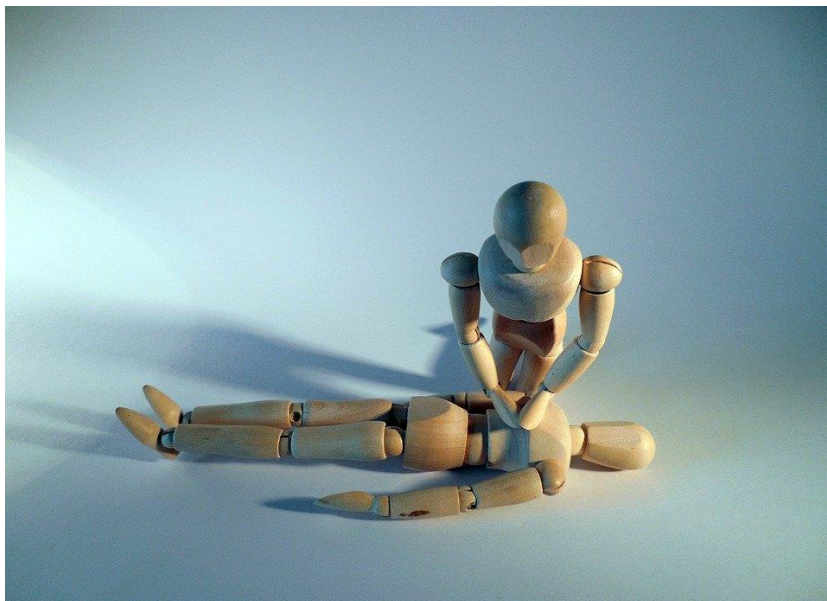
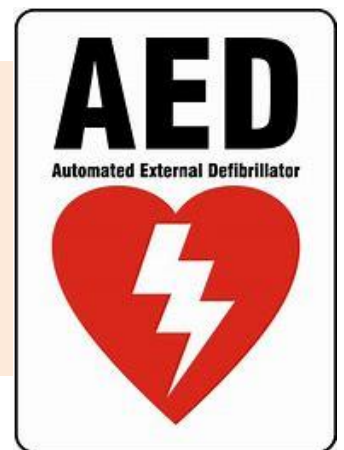


Image source: https://cdn.pixabay.com/photo/2015/07/18/15/30/first-aid-850489_960_720.jpg

¹ Health and Safety at Work (General Risk and Workplace Management) Regulations 2016, Part 1, clause 13

BA & Gas Suit Training

| Hot Fire Training | Breathing Apparatus Training |

Fire and Safety Training Ltd offer Breathing Apparatus courses, and Hot Fire training. Our trainers provide best practice technique for fire suppression and wearing BA in a variety of situations.

Course information:

We provide the theory and practical experience of:

- understanding and suppressing live fire
- wearing and using Breathing Apparatus
- realistic scenarios for skill building

We have purpose-built training grounds or we can train on your site

Standards assessed include:

3270 Establish and deliver water supplies for fire fighting

3272 Wear and operate BA in general emergencies

25044 Wear and operate compressed air BA in the workplace

20395 Wear and operate breathing apparatus in specialist emergencies



Courses can be tailored to your needs and other standards delivered or assessed.

F&ST Services

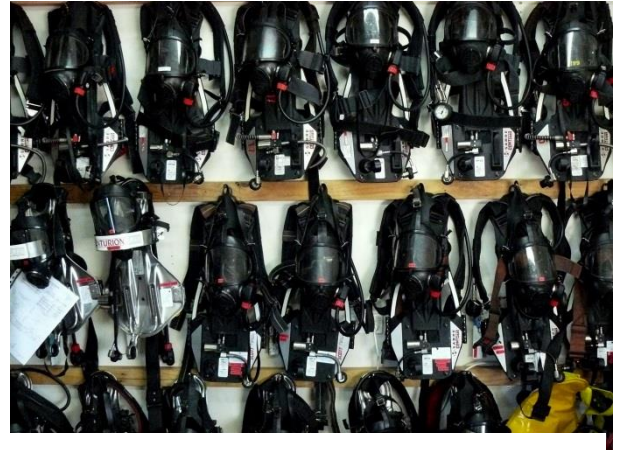
| BA sales & servicing | Gas Detection | Cylinder Filling

Breathing Apparatus (BA)

Using our electronic and dynamic tester, we can test and service BA sets and gas suits for annual certification. We specialise in Scott sets.



Posi-check to test Breathing Apparatus (BA)



Wide selection of training and hire BA sets.

Gas Detection

We test, calibrate, hire out and sell MSA Altair 4 & 5 gas detectors.



Gas detection test kit



Air cylinder filling

Cylinder filling:

We fill and hydrostatically test 200 bar or 300 bar air cylinders for industries where BA is used, as well as for divers and paintball.

We offer specialised independent advice about the best BA sets, gas detection and cylinders for your industry.

F&ST Services

| Equipment sales & servicing | Equipment Hire | Consultancy

Fire Extinguisher Sales and Servicing

We offer a fire extinguisher consultancy service to business, visiting your site and advising what types of extinguishers are needed and where they need to be placed to NZ Standard NZS 4501:2005.

We service and sell the following fire extinguishers.

- Dry powder extinguishers
- CO₂ extinguishers
- Foam Extinguishers
- Water Extinguishers
- Wet Chemical
- Fire Blankets



Filling Dry Powder extinguishers



Equipment hire including working at height equipment.

Hire Equipment and Sales

We hire out and sell specialist equipment to industry. This includes:

- gas detectors
- gas suits
- breathing apparatus (BA) & cylinders
- height equipment
- confined space equipment.

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